



ZENITH INTERNATIONAL SCHOOL

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ZENITH NEWSLETTER

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Welcome to Zenith's February Issue 2025.

"The only limit to our realization of tomorrow will be our doubts of today."

- Franklin D. Roosevelt



MESSAGE FROM OUR EXECUTIVE PRINCIPAL **DR INDERJEET SINGH SIDHU**

Dear Zenith Community,

February has been an exciting and energetic month, marked by a strong spirit of sportsmanship and teamwork as we prepare for one of the most anticipated events of the year—the ZIS Annual Sports Day. It has been inspiring to see both students and teachers working hand-in-hand to ensure the success of this special event. The unity and enthusiasm displayed by the Zenith community is truly commendable.

In addition to Sports Day preparations, our regular sports programmes continue to flourish. The Zenith Football Academy trains every Friday from 5:00 p.m. to 7:00 p.m., while the Basketball Academy is held every Thursday from 5:00 p.m. to 7:00 p.m. These academies have been instrumental in helping students refine their skills and nurture their love for sports within a positive and supportive environment.

I am also delighted to share that starting this March, we will be introducing Rhythmic Gymnastics sessions for our students, scheduled every Wednesday from 3:15 p.m. to 4:45 p.m. We are excited to welcome all interested students to be part of this wonderful new addition to our ECA programme.

Thank you for your continuous support and encouragement. Wishing a Happy Chinese New Year to all who are celebrating! May the year ahead bring joy, prosperity, and success.

Warm regards,
Dr. Inderjeet Singh Sidhu
Executive Principal
Zenith International School





MESSAGE FROM OUR PRINCIPAL MS CATHERINE FOO BEE YEN

Dear Zenith Community,

February has been a month of vibrant celebrations and remarkable achievements here at Zenith International School!

On 3rd February, we came together as a community to celebrate the 2025 Chinese New Year in a spectacular and culturally enriching event. The day was filled with exciting activities that allowed students and teachers to immerse themselves in the festive spirit. From the graceful Fan Dance Performance and the hands-on Lantern Making and Calligraphy Corner to the captivating Chinese New Year Story & Shadow Puppets show, students experienced the beauty and traditions of Chinese culture. The Spin the Wheel of Fortune added fun and excitement with lucky prizes, while creativity thrived at the Face Mask Painting station. Our Diabolo Performance impressed everyone with incredible acrobatic flair, and the Photobooth gave students the chance to dress up in traditional attire and create lasting memories. We ended the celebration on a meaningful note with a school-wide Yee Sang Toss, symbolizing prosperity, unity, and good fortune for the year ahead. A heartfelt thank you to everyone who contributed to making this event so special. Wishing all members of our community a prosperous and joyous Year of the Snake!

Later in the month, on 22nd February, we proudly hosted the highly anticipated **Zenith International School Sports Day 2025!** After days of thrilling competition and true displays of teamwork, we are excited to reveal the final house rankings:

🏆 1ST PLACE - OLYMPUS
with 2,168 points

🥈 2ND PLACE - RUSHMORE
with 1,979 points

🥉 3RD PLACE - KILIMANJARO
with 1,717 points

🏅 4TH PLACE - FUJI
with 1,641 points

Congratulations to Olympus House for claiming the championship this year! However, beyond the numbers, it was the collective energy, determination, and sportsmanship of all houses that made Sports Day 2025 such a memorable event. The enthusiasm and spirit shown by every athlete, teammate, and supporter were truly inspiring.

Thank you to all students, teachers, and organizers for making this year's Sports Day a huge success. Let's continue to train hard, strive for excellence, and carry this spirit into everything we do.

Best regards,
Catherine Foo Bee Yen
Principal, Zenith International School





MESSAGE FROM OUR SECONDARY HEAD **MS OMPRETA FLORA FRANCIS**

Dear Zenith Secondary Community,

We are pleased to share that our Co-Curricular Activities (CCA) for Secondary School resumed with great enthusiasm in after CNY Festival Break. Students have been fully engaged, with sports taking place every Tuesday and club activities every Thursday. The energy and excitement on campus have been fantastic as students reconnect with their passions and build new skills. Here are some highlights of the CCA Sports and Club activities.

In badminton, our students have been focusing on refining their serving techniques and footwork. They worked on mastering high serves for defensive play, low serves for precision, and flick serves to surprise their opponents. Alongside these techniques, players practiced efficient court movement and quick recovery to ready positions. These sessions have helped students enhance their agility and improve their shot execution, giving them greater confidence on the court.

Our swimmers made a strong comeback after the Chinese New Year break. The focus this week was on perfecting their freestyle strokes for speed and efficiency, refining their breaststroke technique for smooth gliding and coordination, and enhancing their control and precision in backstroke. The progress and enthusiasm shown by our swimmers have been inspiring as they push themselves to new heights in the water.

In Taekwondo, students continued to build on their foundational skills. This week's training emphasized riding stance for balance and stability, forward and backward lower blocks to strengthen defensive techniques, and non-contact sparring to improve speed, control, and tactical awareness. It has been rewarding to see their discipline and focus grow with each session.

Meanwhile, in the Culinary Club, students delighted in preparing and savoring a local favorite—Nasi Pandan Ayam Penyet. The joy of cooking together and sharing a homemade meal brought a special sense of camaraderie to the club. The delicious aromas and smiles in the kitchen were a clear sign of a successful and enjoyable session.

The Arts & Crafts Club embraced cultural creativity by working on Chinese opera face masks. As students painted intricate designs, they learned about the symbolism behind the vibrant colors and patterns of this ancient art form. Chinese opera, with its rich history and elaborate visual storytelling, provided an engaging and meaningful project for our young artists.

The Robotics Club took on the challenge of wiring a 5V DC Brushed Motor to an L298D Motor Driver Circuit Board. Precision and problem-solving were key as students explored the fundamentals of motion control in robotics. This hands-on experience strengthened their technical understanding and prepared them for more complex robotics projects ahead.

We are proud of our students' commitment to learning and growing through these activities and look forward to more exciting months ahead.

Best regards,
Ms. Ompreta
Head of Secondary, Zenith International School



MESSAGE FROM OUR PRIMARY HEAD MS NOOR LEILAH

Dear Parents and Students,

February has been a dynamic and enriching month for our primary students, marked by sportsmanship, teamwork, and character-building moments.

The Zenith International School Sports Day Heats 2, held on 18th February, was a powerful showcase of determination and house spirit as students competed enthusiastically for their respective houses. The day's highlights included our March Past Practice, where students worked hard to perfect their formations, and the always fun and energetic Telematches, which encouraged teamwork and friendly rivalry. Our 60m x 4 Relay Training saw our Class 1 Primary students display incredible potential, while the finals for the 200m, 400m, and 800m races were filled with intense competition and outstanding performances. The spirit of sportsmanship and commitment shown by all was truly inspiring! Stay tuned for more updates as we move closer to Sports Day 2025.

In addition to our sports activities, we continue to nurture values and character through our Humanity, Character, Globalism, and Education (HCGE) program. During our assemblies, Kaavya and Abigail delivered an inspiring assembly on Integrity in Friendship and the importance of wildlife conservation through the work of the World Wildlife Fund (WWF), urging everyone to take action to protect the planet. In another assembly, Zara Hanie and Vihaan spoke on Respecting Elders' Advice, reminding students of the wisdom and care elders provide and encouraging everyone to listen, show gratitude, and learn from their guidance.

Let's all continue to practice the values we learn and carry them into our everyday lives. Thank you to all students for their enthusiasm and to our teachers for their continuous support in nurturing well-rounded learners.

Warm regards,
Ms. Noor Leilah
Head of Primary, Zenith International School





MESSAGE FROM OUR PRESCHOOL HEAD MS UMMA MAHESWARY

Dear Zenith International Preschool Community,

February has been a month full of joy and celebration for our little learners! We were thrilled to host our Chinese New Year Fun Day on Monday, 3rd February 2025, giving our preschoolers a meaningful opportunity to experience the festive traditions with their classmates and teachers.

Program Highlights included:

- Chinese New Year Songs to kick off the celebration with cheerful tunes.
- A fun Paper Plate Tambourine craft activity, where students created their own musical instruments.
- The much-anticipated Fruit Yee Sang Toss, where students tossed ingredients while making new year wishes together.
- A special Chinese New Year-themed movie time.
- An energetic Dragon Parade where teachers and students paraded around the classroom.
- We wrapped up the celebration with a Group Photo Session, with students proudly holding their tambourines and crafts.

Additionally, we are so proud of our preschoolers for their enthusiastic participation in the ZIS Annual Sports Day, where they marched in as the "Preschool Warriors"! Their excellent performance during the telematches was a highlight and a wonderful display of teamwork and school spirit.

Thank you for your continued support as we create lasting memories and learning experiences for our young learners.

Best regards,
Ms. Uma
Head of Preschool
Zenith International School





SUN	MON	TUE	WED	THU	FRI	SAT
23	24	25	26	27	28	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

NOTES:

- Year 11 IGCSE Trial Exam 2: Mon, 3 - Fri, 14 Mar
- Year 6 Pearson Achievement Test Trial 2: Mon, 10 Mar - Wed, 12 Mar
- Year 9 Cambridge Checkpoint & IGCSE Trial 2: Mon, 3 - Fri, 14 Mar
- Hari Raya Aidilfitri PH: Mon, 31 Mar - Tue, 1 Apr
- Term 2 Break: Sun, 30 Mar - Sun, 6 Apr



Aidilfitri

CELEBRATION 2025

DATE: 11TH APRIL 2025

TIME: 6.00 PM - 9.00 PM

THEME: SYAWAL DISAMBUT, SILATURAHIM DIPAUT

VENUE: ZENITH INTERNATIONAL SCHOOL

RM40





Aidilfitri

CELEBRATION 2025

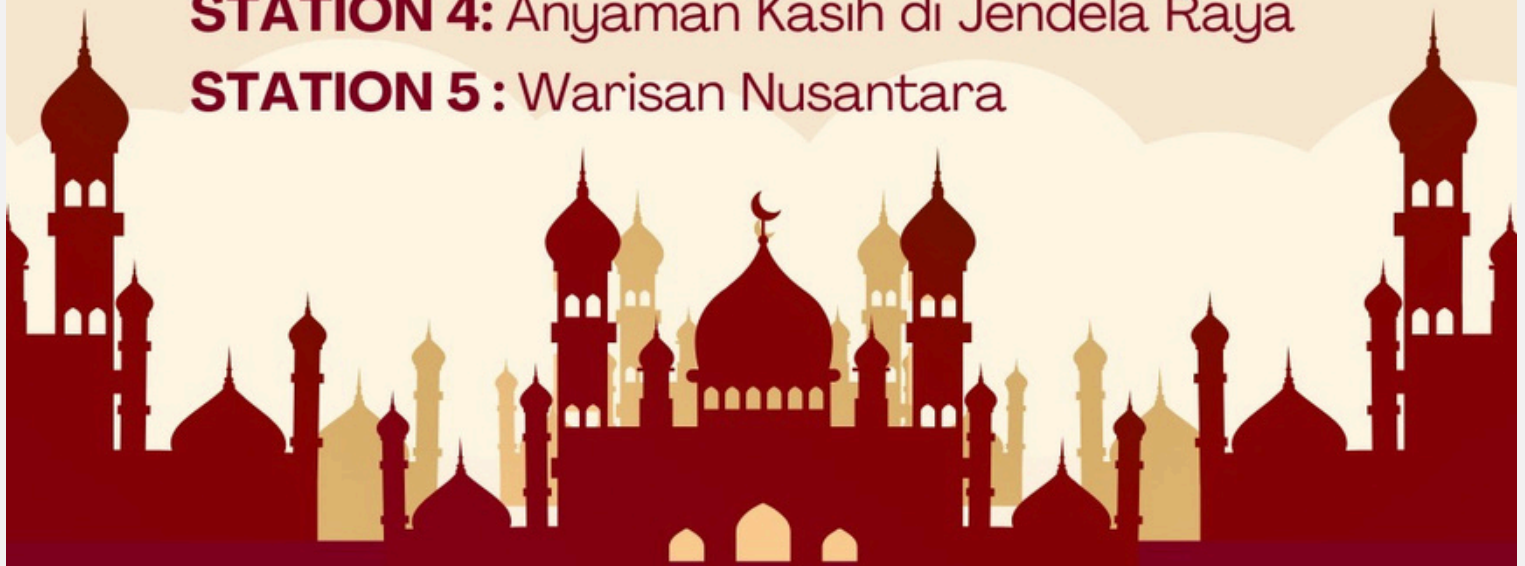
STATION 1: Bayang-Bayang Kenangan

STATION 2: Sampul Kasih, Warkah Lebaran

STATION 3: Canting Cahaya, Raya Berseri

STATION 4: Anyaman Kasih di Jendela Raya

STATION 5: Warisan Nusantara





Aidilfitri

CELEBRATION 2025

Sponsorship Package

PAKEJ INTAN

2x VIP Seating
Newsletter
Raya Goody Bag

RM 125

PAKEJ DELIMA

4x VIP Seating
Newsletter
Raya Goody Bag

RM 250

PAKEJ ZAMRUD

8x VIP Seating
Newsletter
Raya Goody Bag

RM 500

PAKEJ BERLIAN

8x VIP Seating
Newsletter
Raya Goody Bag
Dome Served

RM750

ACTIVITY SECTION

Word Search

FOOD

WORD SEARCH

Can you find the fruits hidden in the puzzle?



C	L	I	F	O	R	A	P	I	Z	Z	A
H	S	C	O	R	I	C	E	N	Y	A	I
I	Q	A	M	N	W	E	X	T	B	S	C
C	A	R	N	O	P	G	A	O	U	A	E
K	P	R	U	D	N	I	R	T	R	N	C
E	M	O	A	M	W	R	E	D	G	A	R
N	I	T	E	L	U	I	C	F	E	R	E
T	L	O	A	S	T	C	C	G	R	I	A
H	O	T	D	O	G	B	N	H	A	K	M
R	T	B	E	U	O	C	E	G	M	I	O
C	R	I	N	P	E	O	R	A	N	G	E
C	H	O	C	O	L	A	T	E	R	I	Y

BURGER	PIZZA	ICE CREAM	SOUP
ORANGE	CHICKEN	CHOCOLATE	PIE
HOT DOG	CARROT	SANDWICH	RICE

Vocabulary

CATHARSIS

The process of releasing strong or repressed emotions.

EBULLIENT

Cheerful and full of energy.

HALCYON

A time in the past that was very happy and peaceful.

LACONIC

Using very few words; concise.

INURE

To accustom someone to something unpleasant.

Stay in touch :

Thank you for being a part of our February Newsletter!

We will see you again in next month's edition with more happenings to share.