



ZENITH INTERNATIONAL SCHOOL

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enquiry@zenithschools.edu.my ; +60182716668



ZENITH NEWSLETTER

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Welcome to Zenith's September Issue 2025.

"The future belongs to those who believe in
the beauty of their dreams."

- Eleanor Roosevelt



MESSAGE FROM OUR EXECUTIVE PRINCIPAL **DR INDERJEET SINGH SIDHU**

Dear Zenith Community,

September has been an exciting month filled with inspiring talks, enriching programmes, and proud moments for our Zenith family – here are some of the highlights we are delighted to share with you

Exam Readiness Talks Across Schools

Exam Readiness Talks Across Schools

September was filled with energy and inspiration as our team reached out to support pupils in their exam journey across several schools. On 10 September, our Zenith team conducted an engaging session at SJKC Hillside for 116 Year 6 pupils, equipping them with effective study strategies, time management skills, and confidence-building tips. On 24 September, SJKC Chung Hua hosted a dynamic “Year 6 Power Talk,” where 90 students were motivated and empowered Zenith team to stay focused and achieve their goals. That same morning, we had the privilege of speaking to 114 students at SJKC Kuo Min Nilai, focusing on motivation, confidence, and exam readiness, with 50 cartons of water also provided to keep everyone refreshed. A big thank you to all headmasters, teachers, and school communities for their warm welcome and enthusiastic participation.

Zenith Squash Summer Camp for Beginners!

We were thrilled to welcome back our alumna, Abhitha (Class of 2021–2022), a Top 20 Malaysian squash player and PSA athlete, who led a **FREE squash summer camp for beginners** on 20 September 2025 at the S2 Complex. This open opportunity allowed all our students, especially those under 12, to experience the game firsthand, build new skills, and be inspired by the journey of one of our very own Zenithians.

Zenith Academic & Language Enhancement Programme

Our Academic and Language Enhancement Programme kicked off in the first week of September, offering students the chance to strengthen their foundation in English, Malay, Mandarin, and Tamil under the guidance of our dedicated teachers. This initiative supports our mission of helping Zenithians achieve greater academic success and confidence in communication.

Zenith Alumni Around the World

From London to Tokyo, Edinburgh to Singapore, our Zenithians from Batch 2014–2024 continue to shine brightly across the globe in top institutions such as Imperial College London, University of Bristol, Nanyang Technological University Singapore, International Christian University Japan, Middle Tennessee State University USA, and the University of Wollongong Australia, among many others. Each alumnus carries forward the Zenith spirit of excellence, curiosity, and global ambition, and we are proud to celebrate their achievements as they inspire the next generation of Zenith students.

Together, let us continue to inspire, empower, and celebrate every success within our Zenith community

Warm regards,
Dr. Inderjeet Singh Sidhu
Executive Principal Zenith International
School



MESSAGE FROM OUR PRINCIPAL MS CATHERINE FOO BEE YEN

Dear Zenith Community,

September has been a month filled with inspiration, culture, and opportunities for our Zenithians to grow, shine, and showcase their talents. Here are some of the key highlights we are excited to share with you!

Exploring Career Pathways with Taylor's Cruiser by The Risers 2025

Our secondary students embarked on an immersive journey of self-discovery and future readiness through Taylor's Cruiser by The Risers 2025. Using the RIASEC career test alongside an innovative VR experience, students explored diverse career pathways aligned with their interests and strengths. From Year 7 to Year 11, every class stepped into futuristic workplaces and industries, gaining valuable insights to guide their academic choices and career aspirations. We extend our gratitude to The Risers for creating such a powerful and interactive platform – inspiring our learners to dream big and chart their own future pathways.

Merdeka & Language Month Celebration 2025

What a vibrant month it has been at Zenith International School as our students came together to celebrate unity in diversity during the **Merdeka & Language Month Celebration**. From traditional performances in Malay, Indian, and Chinese dance to the captivating Pantun Warisan, Alunan Irama, and the colourful Busana Bangsa Fashion Show, our hall was alive with pride and cultural richness during the Language Month Closing. Students also excelled in competitions such as Khabar Pertiwi (News Reading), Menimang Raga, Teroka Pustaka, Beradu Akal (Quiz), and Seni Perwira (Poster). A heartfelt thank you goes out to our dedicated teachers, judges, and students who made this celebration truly memorable. Together, we honour our cultural heritage and embrace the beauty of unity in diversity.

ZIS Fundraising Carnival 2025 - Coming Soon!

Mark your calendars! The **ZIS Fundraising Carnival** will be happening on 11 October 2025, from 9.00 AM - 3.30 PM. Expect a day filled with fun, food, games, performances, and community spirit. Let's come together as one community for a memorable day of giving back and making a difference.

Zenithians at the Singapore Math Challenge (SMC) 2025

All the best to our **36 amazing students** representing Zenith at the **Singapore Math Challenge (SMC) 2025!** This international platform celebrates problem-solving, critical thinking, and the global excellence of Singapore Math. We are incredibly proud of their dedication, hard work, and courage in stepping up to this challenge. Go forth with confidence we are cheering for each and every one of you!

Together, let us continue to inspire, empower, and nurture every Zenithian to reach their fullest potential.

Warm regards,
Catherine Foo Bee Yen
Principal
Zenith International School



MESSAGE FROM OUR SECONDARY HEAD MS OMPRETA FLORA FRANCIS

Dear Zenith Community,

September has been an action-packed month for our secondary students – from sports triumphs in the pool, court, and ring, to inspiring assemblies that build character and resilience. Let's take a look at the incredible highlights from this month!

ZIS Swimmers Dominate the Pool!

What a weekend it was at the **4th Negeri Sembilan Podium Talent Swimming Championship 2025!** Our swimmers made a splash with incredible results: **Lau Zhengin** secured 2nd Runner-Up in the 4x100m Freestyle Relay, **Tasnim** emerged Champion in the 4x100m Freestyle Relay and 2nd Place in the 4x50m Freestyle Mix Relay, **Yu Xi** took 3rd Place in both the 200m and 50m Backstroke (Girls Group 3), **Carmen** bagged three podium finishes including 2nd Place in the Girls Group 2 Relays, while **Bernice** contributed to a 2nd Place win in the 4x100m Freestyle Relay. Beyond medals, they displayed teamwork, spirit, and resilience – a true mark of Zenith champions!

KLBA / Ruby Cup Basketball Championship 2025

A big congratulations to **Show Jin Yi** from Zenith and his amazing team for becoming **Champions in the Under-13 Boys category** at the KLBA / Ruby Cup Basketball Championship 2025! From the first tip-off on July 5 to their victorious final battle at SJKC Chin Woo, their journey was a testament to teamwork, discipline, and determination. This prestigious tournament brought together the best young talents across KL, and our Zenithian shone brilliantly on the court!

KL Fight International Challenge 2025

A huge shoutout to our very own **Sanjeev**, who proudly represented Zenith in the **60-62kg category** at the KL Fight International Challenge 2025! In his first-ever international challenge, Sanjeev fought with heart and grit, narrowly missing victory by just 2 points and almost KO'ing his opponent with a fierce elbow strike. Recognised by the **Kementerian Belia & Sukan, Majlis Sukan Wilayah Persekutuan**, and sanctioned by the **Malaysia Muay Thai Association**, this event was a milestone achievement. Sanjeev now sets his sights on **SUKMA 2025**, representing Negeri Sembilan with pride. We are incredibly proud of his journey!

Smart Plate Malaysia Cup 2025

Congratulations to **Nur Zhafirah Tasnim Ridzhan**, who clinched **1st Place in the U12 Girls Category** at the Smart Plate Malaysia Cup on 5th September 2025! Her dedication, focus, and perseverance earned her the champion's spot and made the entire Zenith community proud. A shining example of what hard work and passion can achieve!

Week 10 Assembly Highlights - Standing Strong Against Bullying

Our Week 10 assembly carried an important message: **"How We Stand Against Bully."** A big applause to **Wong ZiYu** and **Sai Sooshana**, who bravely shared their voices on this crucial topic, encouraging everyone to speak up, support one another, and stand strong against bullying. Their inspiring words reminded us that kindness, respect, and unity are at the heart of our school culture. Together, we continue to build a safe and inclusive community for all.



This month has shown us the strength, resilience, and talent of our Zenithians both inside and outside the classroom. Let's keep striving, supporting one another, and celebrating every success together!

Warm regards,
Ms. Ompreta
Head of Secondary
Zenith International School



MESSAGE FROM OUR PRIMARY HEAD MS NOOR LEILAH

Dear Parents and Students,

September has been a month of learning, growth, and achievement for our Primary students. From meaningful HCGE assemblies to sporting excellence and innovative competitions, our Zenithians have truly shown their character, spirit, and talent. Here are the highlights we are proud to share with you!

HCGE Assembly Highlights

This month, our Primary students shared thoughtful reflections on key values through the Humanity, Character, Globalism, Education (HCGE) programme. Year 3 pupils reminded us to say No to Bullying by choosing kindness, respect, and inclusion, while Year 5 emphasised the importance of Being Thrifty – using resources wisely, avoiding waste, and appreciating what we have. Year 2 students highlighted the value of Paying Attention, encouraging focus, listening, and respect for others as the foundation of meaningful learning. Together, these assemblies reminded us that small daily actions can make our school a kinder, wiser, and happier place for all.

Sibling Power on the Squash Court!

Zenith International School proudly celebrates the achievements of siblings **Nyra and Aarav**, who both shone brightly in national-level squash tournaments. Nyra, the youngest participant at the **NS Junior League 3 (26-28 Sept, State Level)**, played with determination and secured a 3rd place podium finish in her category. Aarav, competing at the CIMB Rising Star National Junior Circuit (17-21 Sept, Kedah) among 300+ national competitors, achieved an impressive 5th place overall. A true display of sibling spirit, passion, and perseverance – well done, Nyra and Aarav!

Innovation Shines in Robotics!

Congratulations to **Bilal Qashaf bin Muhammad Nazreen** for emerging as **Champion in the Junior Builder Category** at the **IJM Carnival FAST BUILD Robotic Challenge** held on 28th September 2025. Bilal's creativity, teamwork, and innovation stood out, earning him the top spot and making our school proud. Keep building, innovating, and aiming higher, Bilal – the future is yours to create!

Rhythmic Gymnastics - National Representation

We are extremely proud of **Cayla Seow Shim Eun (3 Newton)**, who represented **Negeri Sembilan** in rhythmic gymnastics at the **MSSM Championship** held at Stadium Perpaduan, Sarawak from 11-18 September 2025. Travelling with the Negeri Sembilan contingent, Cayla gained valuable experience and exposure at the national stage, securing **9th place in the Pre-Junior Exercise category**. This was a wonderful opportunity for Cayla to grow as both an athlete and a young Zenithian – congratulations!

From assemblies that nurture values to sports and innovation that inspire excellence, our Primary students continue to make us proud each day. Let us keep supporting them as they grow in character, confidence, and curiosity.

Warm regards,
Ms. Noor Leilah
Head of Primary
Zenith International School





MESSAGE FROM OUR PRESCHOOL HEAD MS UMMA MAHESWARY

Dear Zenith Community,
September has been a month of joy, discovery, and hands-on learning for our little ones. From celebrating our nation's independence to exploring new concepts in class, our preschoolers have been busy growing in knowledge, creativity, and spirit. Here are some of our highlights this month:

Independence Day (Merdeka) Celebration

On Friday, 19th September 2025, our preschoolers proudly celebrated Malaysia Day in their beautiful traditional clothes. The celebration began with a Merdeka Talk & Q&A on why we commemorate this special day, followed by a lively Merdeka Parade where students marched with mini flags while singing patriotic songs. The celebration ended with creative Art & Craft activities, including flag colouring, paper flags, and a "Tanjak" craft. It was a meaningful day that nurtured both patriotism and pride in our heritage.

Early Maths - Place Value with Recycled Materials

This month in Early Maths, our preschoolers were introduced to the brand-new concept of Place Value. To make learning fun and meaningful, we used recycled materials like papers and egg trays as maths tools. Through this hands-on approach, students not only understood numbers better but also learned to value sustainability in everyday learning.

Preschool PE - Movement and Rhythm

Our PE sessions this month were filled with energy, rhythm, and fun! Students began with warm-up stretches, moved into a lively Zumba session, and explored different activities involving fast and slow dance movements. We ended with cool-down stretches to relax and reset. These activities helped build coordination, listening skills, and body control while keeping learning active and joyful.

Early Science - Exploring Parts of a Plant

Our preschoolers took their curiosity outdoors in an exciting exploration of Parts of a Plant. They observed a bright red flower plant in nature, matched real-life parts with flashcards (root, stem, leaf, flower), and engaged in hands-on discovery activities that made science come alive. With wide eyes and eager hands, our young learners experienced the wonders of nature in a way that was fun, meaningful, and unforgettable!

September has truly been a month of growth, discovery, and celebration for our preschoolers. We look forward to more exciting adventures in the months ahead!

Best regards,
Ms. Umma
Head of Preschool
Zenith International School



Exploring a Handful of the Many Enriching Activities Beyond Academics



ARTS & CRAFT CLUB



ARCHERY



TAEKWONDO



ROBOTICS CLUB



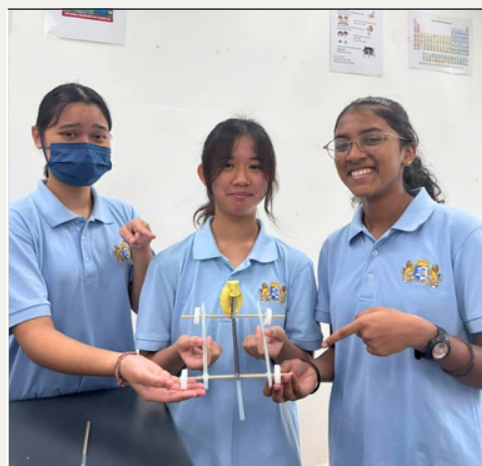
BASKETBALL



MUSIC CLUB



DANCE CLUB



SCIENCE OLYMPIAD CLUB



CULINARY CLUB



SQUASH CAMP

FOR **ZENITH STUDENTS**

-  20TH SEPTEMBER 2025
-  10:00 AM – 1:00 PM
-  S2 Sports Complex,
Seremban 2, Negeri Sembilan

 **AGE GROUP**
"OPEN TO AGES 7-12"

 **LEVEL**
"BEGINNERS WELCOME"

 Fun & Engaging Squash Basics

 Skills, Fitness & Teamwork


 Equipment Provided



COACH
ABHITHA

Zenith Alumna

Register Now

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Limited
slots
available!





SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

NOTES:

- Fundraising Carnival: Sat, 11 Oct, 10.00am – 3.00pm
- Deepavali PH: Mon, 20 Oct
- Festival School Break: Sun, 19 Oct - Sun, 26 Oct

ACTIVITY SECTION

Sudoku

5	3			7				
6			1	9	5			
	9	8					6	
8				6				3
4			8		3			1
7				2				6
	6					2	8	
			4	1	9			5
				8			7	9

Vocabulary

NIMBLE	Quick and light in movement.
BRIM	The edge or top of something.
LUCRATIVE	Profitable or rewarding.
AMIABLE	Friendly and pleasant.
ZEST	Great enthusiasm or energy.

Stay in touch :

Thank you for being a part of our
September Newsletter!

We will see you again in next
month's edition with more
happenings to share.